

ABRUZZO LAB

#arrosticinibar

ITALIAN EATERY

f @ 03 8401 5831 // abruzzolab.com.au

info@abruzzolab.com



Discover Abruzzo Lab

## COLAZIONE - BREAKFAST

- UNTIL 11.30 AM -

### GRANOLA - 19

Served with yoghurt, mixed berry compote, almond flakes and honey - GF

### MEDITERRANEAN BREAKFAST BOWL - 26

Quinoa, avocado, tomato, fresh spinach, cucumber, poached eggs, toasted chia and pumpkin seeds - GF, DF, V

### EGGS YOUR WAY ON TOAST - 18

(WHITE - WHOLEMEAL - GLUTEN-FREE +2 - NO TOAST 12)

Scrambled, poached, fried, omelette - V, GFO, DF

### ADD SIDES:

Crispy bacon - mushroom - baked beans - wilted greens roasted tomato - peppers - cheese - mortadella prosciutto - ham - salami - ice cream - 3.5

Potato rosti - avocado - 4

Smoked salmon - pork sausage - mortadella - 4.5

### LAB BENEDICT - 26

Bagel, mortadella, poached eggs, hollandaise  
GFO, VGO

### UOVA AL SUGO - 24

Poached eggs with spinach in rich tomato sugo, grated pecorino cheese and toasted bread - V, GFO, DFO

### BREAKFAST BURGER - 23

In house rosti, bacon, egg, cheese, avocado, BBQ sauce, salad (add sausage 4)

### BREAKFAST BRUSCHETTA - 24

Buffalo mozzarella, a medley of fresh tomatoes, basil and salsa verde (add smoked salmon 6 - prosciutto 6 - mortadella 6)  
VO, GFO, DFO

### PIADINA "BBQ WRAP" PICCANTE (SPICY) - 23

BBQ'd wrap with fresh spinach, chilli omelette, crispy bacon, olives and provolone cheese - VO, DFO

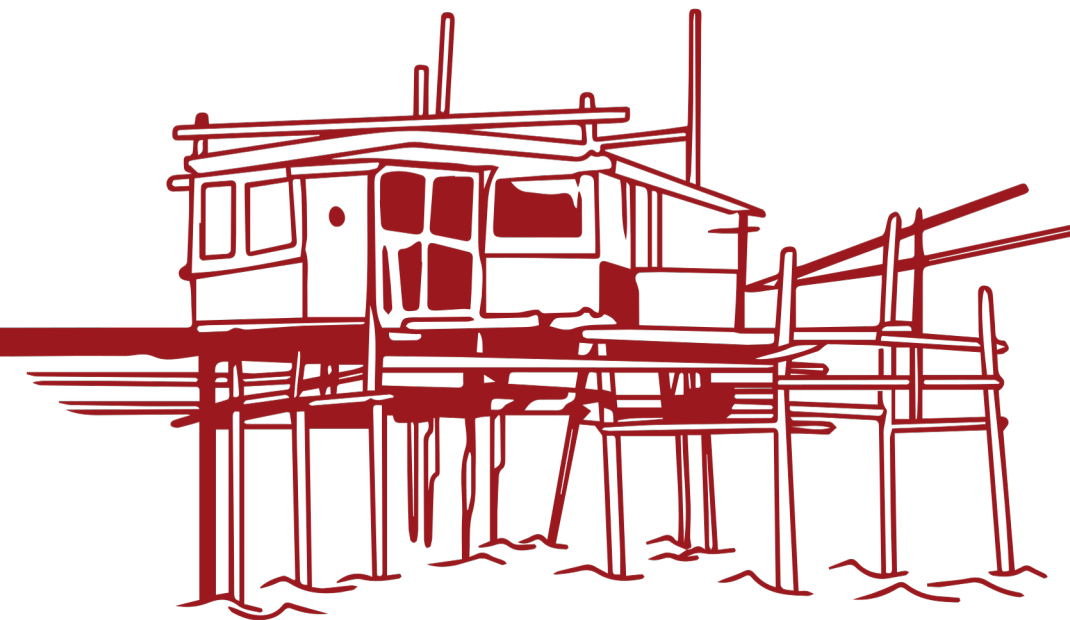
### STRAPAZZATE - 26

Smashed avocado on toast topped with chilli scrambled folded with roast peppers, spinach, mushroom, sausage and sprinkled with parmesan - VO, GFO, DFO,

### PIZZELLE (ITALIAN WAFFLES) PLAIN - 8

Nutella // Vanilla custard // Chocolate custard // Pistacchio custard // Jam + 3.5

SEE OUR DISPLAY  
FOR MORE  
SWEET AND  
SAVOURY OPTIONS



SORRY, NO SPLIT BILLS.

10% WEEKEND SURCHARGE